### ABUNDANT LIFE ACADEMY

## Students entering 6th grade in September

# Tdap and Meningococcal Vaccine Requirements Sports Physical Requirements

Dear Parent/Guardian:

### I. Vaccines

- Every child who is 10 years old or older must receive one dose of the Tdap vaccine (tetanus, diphtheria, and acellular pertussis).
- ❖ Every child who has turned 11 years old must receive one dose of a meningococcal-containing vaccine (usually the meningococcal conjugate vaccine).

If your student is entering  $6^{th}$  grade, you must provide documentation to the school nurse prior to the first day of school in September that your child has received these vaccines from your medical provider.

### **II.** Sports Physicals

All students who participate in school-sponsored sports activities are required to have yearly physical exams. Physical forms for 6<sup>th</sup> grade and older are available on the school website or in the school office.

Please schedule your child's doctor appointment in advance of the September deadline. For convenience, you may wish to consolidate the vaccines and physical at the same appointment.

Regards,

**ALA School Nurse**